

# QUICK TRAIN

SafetyNow's *Quick Train* courses are optimized for refresher safety training for experienced employees. Not every employee requires a complete end-to-end safety hazard training, often times a simple and quick reminder is all that is needed to fight off complacency and keep safety top-of-mind.

All of SafetyNow's *Quick Train* courses are built on the same proven cognitive learning paths as our full-length courses; with quizzes, animations, and a certificate of completion. Courses take an average of 5-10 minutes to complete.

All of SafetyNow's *Quick Train* courses work on any connected device and can be uploaded to your LMS if you are not using SafetyNow's award-winning LMS.

## COURSES IN ALPHABETICAL ORDER

- A Joke Isn't Funny When It Hurts!** (ENG)
- A Million Excuses** (ENG)
- Abrasive Blasting** (ENG, SP)
- Active Shooter** (ENG)
- Active Shooter Awareness: Helping Prevent Tragedy** (ENG, SP)
- Active Shooter in a Restaurant** (ENG, SP)
- Active Shooter: Run, Hide, Fight** (ENG)
- Aerial Lifts** (ENG, SP, FR)
- Aerial Work Platform Safety** (ENG)
- An Extra Effort For Safety Sake: Safety Behavior** (ENG, SP)
- Asbestos Awareness Safety** (ENG)
- Asbestos Hazards and Health Effects** (ENG, SP, FR)
- Asbestos The Hazards And Health Effects** (ENG, SP)
- Autoclave and Sterilizer Safety** (ENG)
- Avoid Arc Flash** (ENG, SP, FR)
- Back Injury Prevention Safety** (ENG, SP)
- Back Safety: Exercise And Ergonomics Safety** (ENG)
- Back Safety: Proper Lifting Procedures Safety** (ENG, SP)
- Back Safety: The Basics** (ENG, SP)
- Backing, Parking and Intersections Safety** (ENG)
- Bad Housekeeping Can Bring Unthinkable Consequences** (ENG, SP)
- Basic Electrical Safety** (ENG, SP)

**BBP Know The Risk** (ENG, SP)

**Be A Safety Leaders** (ENG, SP)

**Be Handy and Safe with Hand and Power Tools** (ENG, SP, FR)

**Be Wary Of Warehouse Hazards** (ENG, SP)

**Belt Yourself For Safety** (ENG, SP)

**Beyond Basic Driving: Company Owned Vehicles** (ENG, SP)

**Beyond Basic Driving: Utility Cart Safety** (ENG)

**Beyond Basic Driving: Valet Safety** (ENG, SP)

**Bloodborne Pathogens** (ENG, SP)

**Bloodborne Pathogens Safety** (ENG, SP)

**Bloodborne Pathogens Training** (ENG, SP)

**Bucket Truck Safety** (ENG, SP)

**Carbon Monoxide** (ENG, SP)

**Cardiopulmonary Resuscitation** (ENG, SP)

**Caught-Between** (ENG)

**Choices: Reducing Unsafe Acts** (ENG, SP)

**Climb Your Way to Safe Ladder Use** (ENG)

**Climb Your Way To Safe Ladder Use** (ENG, SP)

**Cold Storage Safety** (ENG)

**Cold, Flu, and Transmissible Illness Prevention** (ENG, SP)

**Communicating Health & Safety Concerns To Management** (ENG, SP)

**Communicating Health and Safety Concerns** (ENG)

**Communication And Safety** (ENG, SP)

**Communication Facilities** (ENG, SP)

**Compressed Air Can Be Dangerous** (ENG, SP)

**Compressed Gas Safety** (ENG)

**Computer Security Overview** (ENG)

**Confined Safety** (ENG, SP)

**Confined Space** (ENG, SP)

**Confined Space Entry Safety** (ENG)

**Confined Space Safety** (ENG, SP, FR)

**Construction Safety Orientation Safety** (ENG)

**COVID-19 Masks, Coverings, and Respirators** (ENG, SP)

**COVID-19 Safety Talk** (ENG, SP)

**COVID-19 Your OHS Responsibilities** (ENG)

**Crane Safety** (ENG, SP, FR)

**Customer Service in Hospitality** (ENG, SP)

**D.O.T. Shipping of Hazardous Materials Safety** (ENG)

**Dealing With Coronavirus Anxiety** (ENG, SP, FR)

**Defensive Driving** (ENG, SP)

**Defensive Driving Safety** (ENG)

**Defensive Driving Tactics Retro Safety** (ENG)

**Defensive Driving When to be Cautious** (ENG, SP, FR)

**Did you Get the Memo on Office Hazards?** (ENG, SP, FR)

**Dishwasher Safety** (ENG, SP)

**Distracted Driving: Make The Correct Choice** (ENG, SP)

**Doing Work Tasks Wrong The First Time** (ENG, SP)

**Don't Just Stand There** (ENG)

**Don't Let Your Safety Go Up in Flames** (ENG)

**Don't Mess with an Incident Scene** (ENG)

**Dropped Objects On The Job** (ENG, SP)

**Drug and Alcohol-Free Workplace** (ENG, SP)

**Drunk Driving: Every 15 Minutes** (ENG, SP)

**Dump Truck Safety** (ENG)

**Earthquake Safety** (ENG)

**Eight Ways To Avoid Catching And Spreading The Flu** (ENG, SP)

**Electric Pallet Jacks Safety** (ENG)

**Electrical Safety** (ENG)

**Emergency Planning and Community Right to Know Act (EPCRA) Overview** (ENG)

**Emergency Preparedness at Work** (ENG, SP)

**Emergency Would You Know How to Respond** (ENG, SP, FR)

**Employee Safety Orientation Safety** (ENG)

**Employee Safety Orientation: Hospitality** (ENG, SP)

**Environmental Management Fundamentals Overview** (ENG)

**Ergonomic Safety** (ENG, SP, FR)

**Eye Care: Construction Safety** (ENG)

**Eye Protection Safety** (ENG)  
**Eye Safety Basics** (ENG, SP)  
**Fall Hazards and Falls from Heights** (ENG, SP)  
**Fall Protection Safety** (ENG)  
**Fall Protection: Fixed Ladders, Catwalks & Stairs** (ENG, SP)  
**Fatigue At Work Can Kill You** (ENG, SP)  
**Fire Extinguisher** (ENG, SP)  
**Fire Extinguisher Training** (ENG, SP)  
**Fire Prevention** (ENG, SP)  
**Fire Prevention 101** (ENG, SP)  
**Fire Safety** (ENG, SP)  
**First Aid Fundamentals CPR** (ENG, SP, FR)  
**First Aid: Bleeding, Cuts, Wounds** (ENG, SP)  
**First Aid: Burns** (ENG, SP)  
**First Aid: Chemical Burns** (ENG, SP)  
**First Aid: Chemical Burns and Liquid Gas Burns** (ENG, SP)  
**First Aid: Choking** (ENG, SP)  
**First Aid: CPR** (ENG, SP)  
**First Aid: Electrical Burns** (ENG, SP)  
**First Aid: Fractures** (ENG, SP)  
**First Aid: Poisoning** (ENG, SP)  
**First Aid: Shocks** (ENG, SP)  
**Flammable Liquids Safety** (ENG)  
**Forklift Operator Training Safety** (ENG, SP)  
**Forklift Safety: The Experienced Operator** (ENG, SP)  
**Formaldehyde** (ENG)  
**Fundamentals of First Aid: Bleeding, Cuts, and Wounds** (ENG, SP, FR)  
**Garage/Repair Shop Safety** (ENG)  
**General Electrical Safety** (ENG)  
**Get Moving: Why Health And Wellness Matters** (ENG, SP)  
**Glove Selection And Use** (ENG, SP)  
**Gory Story: Fire Prevention Safety** (ENG)  
**Grain Elevator Safety** (ENG, SP)

**Hand & Power Tool: Construction Safety** (ENG)

**Hand and Power Tool Safety** (ENG, SP)

**Hand Safety: You Control It Safety** (ENG, SP)

**Hands, Wrist & Fingers: Construction Safety** (ENG)

**Have a Plan for Fall Rescue** (ENG, SP, FR)

**Hazard Communication** (ENG, SP, FR)

**Hazard Communication: Construction Safety** (ENG, SP)

**Hazard Communications Basics** (ENG, SP)

**Hazard Communications Review** (ENG, SP)

**Hazardous Waste Management Overview** (ENG)

**HAZWOPER: Chemical Protective Clothing** (ENG, SP)

**HAZWOPER: Donning/Doffing/Decontamination** (ENG, SP)

**HAZWOPER: Identifying Hazardous Materials** (ENG, SP)

**HAZWOPER: Medical Surveillance Program** (ENG, SP)

**HAZWOPER: On-Site Safety Considerations** (ENG, SP)

**HAZWOPER: Orientation** (ENG, SP)

**HAZWOPER: Respiratory Protection** (ENG, SP)

**HAZWOPER: Site Safety & Health Plan** (ENG)

**Hearing Conservation Safety** (ENG, SP)

**Hearing Conservation: The Facts** (ENG)

**Hearing Loss Prevention: You Decide What to Hear Safety** (ENG)

**Hearing Protection** (ENG, SP)

**Heat Stress: Facts and Prevention** (ENG)

**Heat Stress: The Facts: Safety** (ENG, SP)

**Home Health Care: Body Mechanics** (ENG, SP)

**Home Health Care: Elder/Child Abuse and Neglect** (ENG, SP)

**Home Health Care: Slips, Trips and Falls** (ENG, SP)

**Home Health Care: Workplace Violence** (ENG, SP)

**Hospitality Security: The Basics** (ENG, SP)

**Hospitality Security: The Basics** (ENG, SP)

**Hot Work Safety** (ENG, SP, FR)

**Housekeeper Training** (ENG, SP)

**Housekeeping Safety** (ENG, SP)

**Housekeeping: Slips, Trips and Falls Facts Prevention** (ENG, SP)

**Housekeeping's Role in Safe Workplaces** (ENG)

**How to Clean to Prevent Coronavirus** (ENG, SP, FR)

**How To Comply With The Globally Harmonized System Safety** (ENG, SP)

**How To Conduct A Job Hazard Analysis** (ENG, SP)

**How To Safely Use Abrasive Wheel Grinders** (ENG, SP)

**How to Select and Inspect a Ladder** (ENG)

**How to Wash Your Hands** (ENG, SP, FR)

**How You Can Prevent Violence in the Workplace** (ENG)

**Incident Investigation Safety** (ENG, SP)

**Injury, Illness & Incident Reporting** (ENG)

**Injury, Illness And Incident Reporting** (ENG, SP)

**Intro to Hexavalent Chromium Hazards** (ENG)

**Intro to Site Security** (ENG)

**Intro to Utility Cart Safety** (ENG)

**Job Hazard Analysis** (ENG)

**Job Safety Analysis** (ENG, SP)

**Keep your Guard Up around Machines** (ENG)

**Knife Safety / Cut Prevention** (ENG, SP)

**Knife Safety: Hospitality Industry Safety** (ENG, SP)

**Know How To Find Emergency Exits** (ENG, SP)

**Ladder Safety at Work** (ENG, SP)

**Layer Up for Warmth** (ENG, SP, FR)

**Lead** (ENG, SP)

**Lockout Tagout Safety** (ENG, SP)

**Lockout Tagout Tryout** (ENG, SP, FR)

**Lockout/Tagout Procedures** (ENG, SP)

**Look Out for New Workers** (ENG, SP, FR)

**Machine Guarding and Conveyors** (ENG, SP)

**Methamphetamines: Too Dangerous To Ignore** (ENG, SP)

**MIPP Ergonomic Housekeeping Training** (ENG, SP)

**Near Miss Booklets** (ENG, SP)

**Office Ergonomics Safety** (ENG)

**Office Ergonomics: Adjusting Your Workstation** (ENG, SP)

**Office Safety Basics** (ENG, SP)

**Overexertion Injury Prevention Safety** (ENG)

**Overexertion Prevention in the Construction Industry Safety** (ENG)

**Overhead Wire Safety** (ENG, SP)

**Personal Hygiene In The Workplace** (ENG, SP)

**Pesticide Safety: The Basics** (ENG, SP)

**Pesticides Safety Training** (ENG, SP)

**Pool Safety** (ENG, SP)

**PPE** (ENG, SP)

**PPE Basic Training** (ENG, SP)

**PPE: It's Your Call** (ENG)

**Preventing Electrocution** (ENG, SP, FR)

**Preventing Occupational Illness** (ENG, SP)

**Preventing Slips & Falls Safety** (ENG)

**Preventing Slips, Trips & Falls for Ski Area Employees** (ENG)

**Preventing Workplace Violence in a Restaurant** (ENG, SP)

**Process Safety Management** (ENG, SP, FR)

**Professional Skiing and Riding for Ski Area Employees** (ENG)

**Protect Your Hearing and Avoid Hearing Loss** (ENG, SP, FR)

**Protect Yourself Against Bloodborne Pathogens** (ENG, SP)

**Protecting Against Electrical Hazards** (ENG, SP)

**Protecting Against Vertical Fall Hazards** (ENG, SP)

**Protecting Yourself Against Bloodborne Pathogens** (ENG, SP)

**Protect Your Hearing And Avoid Hearing Loss** (ENG, SP)

**Putting Out Fires** (ENG, SP, FR)

**Radiation (Ionizing)** (ENG, SP)

**Radiation (Non-Ionizing)** (ENG, SP)

**Reach Truck Safety** (ENG, SP)

**Re-Open After COVID-19** (ENG)

**Reporting Sexual Harassment** (ENG)

**Respiratory Protection Safety** (ENG)

**Respiratory Protection: The Facts** (ENG, SP)

**Road Rage and Aggressive Driving** (ENG)

**Rooftop Loading Safety** (ENG)

**Rooftop Safety** (ENG)

**Safe Backing Of Tractor Trailer Rigs Safety** (ENG)

**Safe Lifting and Carrying Techniques for Ski Area Employees** (ENG)

**Safe Operation Of Snowmobiles** (ENG)

**Safe Respirator Use** (ENG, SP, FR)

**Safe Rigging Practices/Construction Safety** (ENG)

**Safely On Your Feet Safety** (ENG, SP)

**Safety Culture!** (ENG)

**Safety Orientation For Industrial Environment** (ENG, SP)

**SAFETY TIP: Active Shooter Response Training** (ENG)

**SAFETY TIP: Aerial Lift Safety** (ENG)

**SAFETY TIP: Ammonia Safety** (ENG)

**SAFETY TIP: Arc Flash Prevention** (ENG)

**SAFETY TIP: Asbestos Exposure Prevention** (ENG)

**SAFETY TIP: Avoiding Falling Object Hazards** (ENG)

**SAFETY TIP: Avoiding Slipping Hazards** (ENG)

**SAFETY TIP: Back Safety** (ENG)

**SAFETY TIP: Behavior Based Safety** (ENG)

**SAFETY TIP: Bloodborne Pathogens Protection** (ENG)

**SAFETY TIP: Chemical Safety** (ENG)

**SAFETY TIP: Cold Weather Safety** (ENG)

**SAFETY TIP: Compressed Gas Safety** (ENG)

**SAFETY TIP: Confined Spaces** (ENG)

**SAFETY TIP: CPR Part1** (ENG)

**SAFETY TIP: CPR Part2** (ENG)

**SAFETY TIP: Discrimination Free Workplace** (ENG)

**SAFETY TIP: Distracted Driving Awareness** (ENG)

**SAFETY TIP: Drug & Alcohol Free Workplace** (ENG)

**SAFETY TIP: Electrical Safety** (ENG)

**SAFETY TIP: Emergency Response** (ENG)

**SAFETY TIP: Ergonomics** (ENG)



**SAFETY TIP: Eye Protection** (ENG)

**SAFETY TIP: Fall Arrest Systems** (ENG)

**SAFETY TIP: Fall Protection and Prevention** (ENG)

**SAFETY TIP: Fire Extinguisher Class Types** (ENG)

**SAFETY TIP: First Aid Preparation** (ENG)

**SAFETY TIP: Forklift Safety** (ENG)

**SAFETY TIP: Halloween Safety** (ENG)

**SAFETY TIP: Hand Safety** (ENG)

**SAFETY TIP: Hard Hat Safety** (ENG)

**SAFETY TIP: Hearing Protection** (ENG)

**SAFETY TIP: Heat Stress Prevention** (ENG)

**SAFETY TIP: How To Avoid and Handle Workplace Violence** (ENG)

**SAFETY TIP: How To Use A Fire Extinguisher** (ENG)

**SAFETY TIP: Hydrogen Sulfide Safety** (ENG)

**SAFETY TIP: Incident Investigation Part 1** (ENG)

**SAFETY TIP: Incident Investigation Part 2** (ENG)

**SAFETY TIP: Ladder Safety** (ENG)

**SAFETY TIP: Lead Awareness** (ENG)

**SAFETY TIP: Lifting Safety** (ENG)

**SAFETY TIP: Lockout and Tagout** (ENG)

**SAFETY TIP: Machine Guarding** (ENG)

**SAFETY TIP: Power Tool Safety** (ENG)

**SAFETY TIP: Reducing Tripping Hazards** (ENG)

**SAFETY TIP: Respiratory Protection** (ENG)

**SAFETY TIP: Roadside Worker Safety** (ENG)

**SAFETY TIP: Safe Operation of Chainsaws** (ENG)

**SAFETY TIP: Safe Practices for Extension Cord Use** (ENG)

**SAFETY TIP: Slips, Trips & Falls in the Winter** (ENG)

**SAFETY TIP: Stand Up For Better Health** (ENG)

**SAFETY TIP: Steps to Prevent Eye Strain** (ENG)

**SAFETY TIP: Summer Safety** (ENG)

**SAFETY TIP: Top 4 Construction Hazards** (ENG)

**SAFETY TIP: Understanding GHS Labels** (ENG)

**SAFETY TIP: Winter Driving Safety** (ENG)

**Sanitation & Hygiene For Food Service Employees** (ENG, SP)

**Sanitation and Hygiene** (ENG)

**Sanitizer Safety** (ENG, SP)

**Scaffold Safety** (ENG)

**Scaffold Safety Basics** (ENG, SP)

**Scissor Lift Safety** (ENG)

**Securing Loads Safely** (ENG, SP)

**Security Awareness Training for Management** (ENG)

**Security Awareness: Management Training Safety** (ENG, SP)

**Security Awareness-Associate Training-Hospitality** (ENG, SP)

**Sexual Harassment Safety** (ENG)

**Shiftwork** (ENG, SP)

**Silica: The Dangers of Silica** (ENG)

**Situational Awareness at the Ski Resort** (ENG)

**Slips And Falls: Universal Language Safety** (ENG)

**Slips and Trips** (ENG, SP, FR)

**Slips, Trips and Falls Safety** (ENG, SP)

**Slips, Trips, and Falls** (ENG, SP, FR)

**Slips, Trips, and Falls for Manufacturing** (ENG, SP, FR)

**Snowplow Safety** (ENG)

**Solid Waste: Commercial Pickup** (ENG, SP)

**Solid Waste: Lockout Tagout** (ENG)

**Solid Waste: Pre-Trip Inspection** (ENG)

**Solid Waste: Pre-Trip Inspection** (ENG)

**Solid Waste: Route Safety** (ENG, SP)

**Solid Waste: Safety Orientation** (ENG)

**Solid Waste: Vehicle Backing Accident Prevention** (ENG, SP)

**Spill Prevention and Management** (ENG, SP, FR)

**Stay Safe Working in the Heat** (ENG, SP, FR)

**Staying Safe on Scaffolds** (ENG, SP)

**Stormwater Management Overview** (ENG)

**Struck-By** (ENG)

**Substance Abuse (ENG)**

**Supermarket: Bloodborne Pathogens (ENG, SP)**

**Supermarket: Lockout/Tagout (ENG)**

**SUPERVISOR SAFETY TIP: Arc Flash Protection (ENG)**

**SUPERVISOR SAFETY TIP: Bandsaw Guarding (ENG)**

**SUPERVISOR SAFETY TIP: Compressed Air (ENG)**

**SUPERVISOR SAFETY TIP: Compressed Gas Cylinders (ENG)**

**SUPERVISOR SAFETY TIP: Confined Space (ENG)**

**SUPERVISOR SAFETY TIP: Electrical Panel Clearance (ENG)**

**SUPERVISOR SAFETY TIP: Electrical Panel Inspections (ENG)**

**SUPERVISOR SAFETY TIP: Exit Inspections (ENG)**

**SUPERVISOR SAFETY TIP: Extension Cord Safety (ENG)**

**SUPERVISOR SAFETY TIP: Eye Wash Station Safety (ENG)**

**SUPERVISOR SAFETY TIP: Fire Extinguishers (ENG)**

**SUPERVISOR SAFETY TIP: Flammable Liquid Storage (ENG)**

**SUPERVISOR SAFETY TIP: Floor Loading Protection (ENG)**

**SUPERVISOR SAFETY TIP: Fume Hood (ENG)**

**SUPERVISOR SAFETY TIP: Guardrail Systems (ENG)**

**SUPERVISOR SAFETY TIP: Improper use of Breaker Panels (ENG)**

**SUPERVISOR SAFETY TIP: Ladder Safety (ENG)**

**SUPERVISOR SAFETY TIP: Lockout Tagout (ENG)**

**SUPERVISOR SAFETY TIP: Personal Fall Arrest Systems (ENG)**

**SUPERVISOR SAFETY TIP: Working In and Around Water (ENG)**

**Suspensions and Expulsions (ENG)**

**Take Care of Your Protective Wear (ENG, SP)**

**Telehandlers: Safe Operation in Construction (ENG)**

**Texting and Driving: The Facts (ENG)**

**The Aging Workforce: Employee Training (ENG, SP)**

**The Dangers Of Silica (ENG, SP)**

**The Environmental Safety Connection (ENG, SP)**

**Toxic Mold: The Facts (ENG, SP)**

**Tractor Hand Signals (ENG)**

**Tractor Safety (ENG)**

**Traffic Control During Roadwork** (ENG)

**Trailer Safety Talk: What's at stake** (ENG)

**Trenching and Excavation** (ENG, SP, FR)

**Understanding Chemical Labels and Pictograms** (ENG, SP, FR)

**Understanding Safety Data Sheet** (ENG, SP, FR)

**Using Ladders Safely** (ENG, SP, FR)

**Utility Cart Safety** (ENG, SP)

**Valuing Diversity at Work** (ENG)

**Violence in the Workplace** (ENG, SP, FR)

**Wastewater Management Overview** (ENG)

**What Is and Isn't COVID-19** (ENG, SP, FR)

**What is Social Distancing** (ENG, SP, FR)

**WHMIS 2015 Safety Training** (ENG)

**WHMIS Pictograms** (ENG, SP, FR)

**Winter Safety Hazards** (ENG, SP, FR)

**Working Ergonomically** (ENG, SP)

**Working in High Heat: Construction Safety** (ENG)

**Working Safely Around Rail Cars** (ENG, SP)

**Working Safely In Cold Weather** (ENG)

**Working Safely With Supported Scaffolding: Construction Safety** (ENG)

**Working With Cranes Safely: Construction Safety** (ENG)

**Workplace Violence Facts Prevention** (ENG)

**Your Fall Protection Equipment Your Lifeline** (ENG, SP, FR)

## FULL LENGTH COURSES

SafetyNow makes training easy! Join the 100,000+ satisfied customers! Find out how they are reducing accidents & incidents, improving retention rates, and cutting costs by training better.

Let's face it: employees know when you value them, perform better because of it, and will stick around to help your business achieve new heights. Our customers choose SafetyNow to help them create a learning and performance culture that's built on three things: Connection, Alignment and Growth.

**CONNECTION:** Increasing employee engagement by keeping employees connected to their managers, making sure you are compliant with ALL regulations, and tailoring your management to the individual learner through increased transparency.

**ALIGNMENT:** Growing performance and productivity. Keep employees aligned with their manager and the company safety goals, so they see the impact of their efforts. Make performance reviews and audits matter.

**GROWTH:** Focusing on compliance, upskilling and retention to keep employees excited about learning and contributing their best. Help them onboard quicker and focus on doing their jobs the RIGHT way – the SAFE way.

### Did you know that almost 70% of traditional safety training is lost after 24 hours?

**BEAT THE FORGETTING CURVE** – If your goal is to build a safety culture and maintain a zero-incident rate, making sure that your compliant safety message is retained and implemented is key. But over 90% of safety managers' report that their employees are not engaged during safety training. Most are just showing up for the donuts.

### What is SafetyNow Retention?

- 1. Engaging Training:** Maximum retention starts with a training experience delivered in 20 min to accommodate human attention spans.
- 2. 2-Minute Refresher:** Review key takeaways with a 2 min bite-sized lesson 24 hrs. after initial training when learner retention drops the most.
- 3. Follow-Up Quizzes:** Learners continue to recall training through mastery exercises on a regular cadence. Over time, safety sticks!

With SafetyNow's retention module (part of our online course packages), your safety message sticks, and training recall is over 95% even after 30 days.

### TRANSFORM OCCUPATIONAL HEALTH & SAFETY, LEARNING AND PERFORMANCE MANAGEMENT WITH SAFETYNOW.

All of SafetyNow's full length courses are broken down into modules so employees can start and stop at their convenience. Courses are built on proven cognitive learning theories with animations, voice-overs, closed captioning for accessibility needs, quizzes, and certificates of completion. All of our courses are optimized to work on any connected device and can be uploaded to your LMS if you are not using SafetyNow's award-winning LMS.

## COURSES IN ALPHABETICAL ORDER

**Absence Management** (ENG)

**Absences from the Workplace** (ENG)

**Accessibility for Manitobans: Everyone Benefits** (ENG)

**Accessibility Standards Training (Canada)** (ENG)

**Active Listening** (ENG)

**Active Shooter** (ENG, SP, FR)

**Active Shooter Response** (ENG)

**Adapting To Change** (ENG)

**Aerial and Scissor Lift Safety** (ENG, SP)

**Aerial Lifts** (ENG, SP)

**Air Emissions Management** (ENG)

**AODA** (ENG)

**Arc Flash and Electrical Safety Best Practices (NFPA 70E) Overview** (ENG)

**Asbestos Awareness** (ENG, SP)

**Asbestos Hazard Awareness** (ENG, SP)

**Back Safety & Injury Prevention** (ENG, SP, FR)

**Back Safety and Injury Prevention Overview** (ENG)

**Backing Safety Fundamentals** (ENG)

**Basic Respiratory Protection** (ENG)

**Basic Respiratory Protection** (ENG, SP)

**BBP: Bloodborne Pathogens** (ENG, SP)

**Bear Essentials** (ENG)

**Becoming an Effective Manager: Building Emotional Intelligence** (ENG)

**Becoming an Effective Manager: Conflict Resolution** (ENG)

**Behavior-Based Safety Overview** (ENG)

**BETTER BUSINESS: Being an Effective Team** (ENG)

**BETTER BUSINESS: Coaching and Feedback** (ENG)

**BETTER BUSINESS: Communicating Effectively (Global)** (ENG)

**BETTER BUSINESS: Communicating Interpersonally** (ENG)

**BETTER BUSINESS: Communication Skills** (ENG)

**BETTER BUSINESS: Critical Thinking and Problem Solving** (ENG)

**BETTER BUSINESS: Customer Service Success** (ENG)

**BETTER BUSINESS: Effective Meetings** (ENG)

**BETTER BUSINESS: Emotional Intelligence** (ENG)

**BETTER BUSINESS: Ethics** (ENG)

**BETTER BUSINESS: Generational Awareness** (ENG)

**BETTER BUSINESS: Goal Setting & Achieving** (ENG)

**BETTER BUSINESS: HIPAA: Privacy and Security Basics** (ENG)

**BETTER BUSINESS: Hiring for Managers** (ENG)

**BETTER BUSINESS: How to have difficult conversations** (ENG)

**BETTER BUSINESS: Improving Presentation Skills** (ENG)

**BETTER BUSINESS: Management Basics** (ENG)

**BETTER BUSINESS: Open Communication and Teamwork** (ENG)

**BETTER BUSINESS: Supportive Communication Style** (ENG)

**BETTER BUSINESS: Thriving Through Conflict** (ENG)

**BETTER BUSINESS: Understanding Diversity** (ENG)

**Bloodborne Pathogens** (ENG, SP, FR)

**Bloodborne Pathogens Overview** (ENG)

**Building a Safety Culture** (ENG)

**Cannabis Awareness** (ENG)

**Cardiopulmonary Resuscitation (CPR) Overview** (ENG)

**Chemical Safety** (ENG, SP, FR)

**Chemical Safety Overview** (ENG)

**Child Abuse: Children Depend on You** (ENG)

**CMVs: Safe Driving Behavior for Commercial Motor Vehicles** (ENG, SP)

**Cold Stress** (ENG, SP, FR)

**Communicate To Lead** (ENG)

**Communicating Across Cultures** (ENG)

**Compensation And Benefits** (ENG)

**Compressed Gas Safety** (ENG, SP)

**Compressed Gas Safety Overview** (ENG)

**Confined Space Entry: Permit Required** (ENG, SP)

**Confined Space Entry: Permit Required Overview** (ENG)

**Confined Spaces** (ENG, SP)

**Confined Spaces Overview** (ENG)

**Conflict Resolution** (ENG)

**Coronavirus Preparedness for Employers and Employees** (ENG)

**COVID-19** (ENG, SP, FR)

**CPR: Cardiopulmonary Resuscitation** (ENG, SP)

**Create An Inclusive Workplace** (ENG)

**Creating A Healthy Workplace** (ENG)

**Cultural Foundations** (ENG)

**Developmental Conversations** (ENG)

**Discrimination Free Workplace** (ENG)

**Discrimination Free Workplace** (ENG)

**Distracted Driving** (ENG, SP)

**Diversity** (ENG, SP)

**DOT Alcohol and Drug Rules** (ENG)

**DOT Hazmat: Driver and Carrier Responsibilities** (ENG)

**DOT Hazmat: Fundamentals of Hazardous Materials** (ENG)

**DOT Hazmat: Identifying Hazardous Materials** (ENG)

**DOT Hazmat: Incident Response and Transport Security** (ENG)

**DOT Hazmat: Packaging Hazardous Materials** (ENG)

**Drinking and Driving: A Fatal Decision** (ENG)

**Driver Safety** (ENG, SP, FR)

**Driver Safety Overview** (ENG)

**DRIVER: Canadian Heavy Truck Final Exam** (ENG)

**DRIVER: Canadian Heavy Truck Weight and Dimension Program** (ENG)

**DRIVER: Cargo Securement** (ENG)

**DRIVER: Daily Pre-Trip Inspections** (ENG)

**DRIVER: ESTS** (ENG)

**DRIVER: Ground Disturbance Supervisor Training** (ENG, SP)

**DRIVER: Hours of Service** (ENG, SP)

**Drug Free Workplace: Employee** (ENG)

**Drug Free Workplace: Supervisor** (ENG)

**Drugs and Alcohol: The Facts (US)** (ENG)

**Earthquake Preparedness** (ENG)

**Electrical Safety** (ENG, SP, FR)



**Electrical Safety Overview** (ENG)

**Electrical Safety Work Practices and Standards** (ENG)

**Electrical Safety Work Practices and Standards / includes Arc Flash** (ENG)

**Electrical Safety: Construction** (ENG)

**Emergency and Fire Preparedness Overview** (ENG)

**Emergency Response** (ENG, SP, FR)

**Employee Terminations** (ENG)

**Employment Law** (ENG)

**Environmental Management** (ENG)

**EPCRA: Emergency Planning and Community Right-to-Know Act** (ENG)

**Equality and Diversity (UK)** (ENG)

**Equality and Diversity (US)** (ENG)

**ERGO Bongarde Office Series: Module 01: Chairs** (ENG)

**ERGO Bongarde Office Series: Module 02: Keyboards and Mice** (ENG)

**ERGO Bongarde Office Series: Module 03: Monitors** (ENG)

**ERGO Bongarde Office Series: Module 04: Sit & Stand** (ENG)

**ERGO Bongarde Office Series: Module 05: Stretching and Wellness** (ENG)

**Ergonomics for Office Workers** (ENG)

**ESSENTIAL: Active Shooter Response** (ENG, SP, FR)

**ESSENTIAL: Aerial and Scissor Lift Safety** (ENG, SP, FR)

**ESSENTIAL: Back Safety and Injury Prevention** (ENG, SP, FR)

**ESSENTIAL: BBP: Bloodborne Pathogens** (ENG, SP, FR)

**ESSENTIAL: Cold Stress** (ENG, SP, FR)

**ESSENTIAL: Confined Space Entry: Permit Required** (ENG, SP, FR)

**ESSENTIAL: Driver Safety** (ENG, SP, FR)

**ESSENTIAL: Drug and Alcohol-Free Workplace** (ENG, SP, FR)

**ESSENTIAL: Drug and Alcohol-Free Workplace: Canada** (ENG, SP, FR)

**ESSENTIAL: Electrical Safety** (ENG, SP, FR)

**ESSENTIAL: Emergency Response** (ENG, SP, FR)

**ESSENTIAL: Fall Protection** (ENG, SP, FR)

**ESSENTIAL: Fire Extinguisher Basics** (ENG, SP, FR)

**ESSENTIAL: Fire Safety** (ENG, SP, FR)

**ESSENTIAL: First Aid: Fundamentals** (ENG, SP, FR)

**ESSENTIAL: GHS Hazcom: Hazard Communication** (ENG, SP, FR)

**ESSENTIAL: Hearing Conservation** (ENG, SP, FR)

**ESSENTIAL: Heat Stress** (ENG, SP, FR)

**ESSENTIAL: Ladder Safety** (ENG, SP, FR)

**ESSENTIAL: LOTO: Lockout-Tagout** (ENG, SP, FR)

**ESSENTIAL: Machine Guarding** (ENG, SP, FR)

**ESSENTIAL: Materials Handling** (ENG, SP, FR)

**ESSENTIAL: Office Safety** (ENG, SP, FR)

**ESSENTIAL: Powered Industrial Truck Safety** (ENG, SP, FR)

**ESSENTIAL: PPE: Personal Protective Equipment: Respiratory Protection** (ENG, SP, FR)

**ESSENTIAL: Sexual Harassment Prevention for Employees** (ENG, SP, FR)

**ESSENTIAL: Slips, Trips & Falls** (ENG, SP, FR)

**ESSENTIAL: Struck-by and Caught-Between** (ENG, SP, FR)

**ESSENTIAL: Trenching and Excavation** (ENG, SP, FR)

**ESSENTIAL: Violence in the Workplace** (ENG, SP, FR)

**Ethics And Code Of Conduct** (ENG)

**Excavation & Trenching Overview** ()

**Excavation, Trenching, and Shoring Safety** (ENG)

**Eyewashes and Safety Showers** (ENG)

**Fall Protection Canada** (ENG, , FR)

**Fatigue and Stress Awareness** (ENG)

**Fire Extinguisher Safety** (ENG)

**Fire Safety** (ENG, SP)

**First Aid: Basic First Aid** (ENG, SP)

**First Aid: Burns** (ENG)

**First Aid: Choking** (ENG)

**First Aid: Environmental Emergencies** (ENG, SP)

**First Aid: Environmental Emergencies** (ENG)

**First Aid: Fundamentals** (ENG, SP)

**First Aid: Medical Emergencies** (ENG, SP)

**First Aid: Medical Emergencies** (ENG)

**First Aid: Musculoskeletal Injuries** (ENG, SP)

**First Aid: Soft Tissue Injuries** (ENG, SP)

**Flammable & Combustible Liquids: Hazards** (ENG)

**Forklift Operator: Fundamentals** (ENG, SP)

**Forklift Operator: Inspection and Maintenance** (ENG, SP)

**Forklift Operator: Load Handling** (ENG, SP)

**Forklift Operator: Safe Driving Practices** (ENG, SP)

**Forklift Operator: Stability and Capacity** (ENG, SP)

**Forklift: Fundamentals** (ENG)

**Formaldehyde Safety** (ENG)

**FRENCH: WHMIS/SIMDUT 2015** (FR)

**FUNDAMENTAL: Office Ergonomics** (ENG, SP, FR)

**FUNDAMENTAL: Asbestos Hazard Awareness** (ENG, SP, FR)

**FUNDAMENTAL: Asbestos Hazard Awareness: Canada** (ENG, SP, FR)

**FUNDAMENTAL: Behavior-Based Safety** (ENG, SP, FR)

**FUNDAMENTAL: Cannabis Workplace Safety for Employees** (ENG)

**FUNDAMENTAL: Cannabis Workplace Safety for Employers** (ENG)

**FUNDAMENTAL: Chemical Safety** (ENG, SP, FR)

**FUNDAMENTAL: Chlorine Safety** (ENG, SP, FR)

**FUNDAMENTAL: Computer Security** (ENG, SP, FR)

**FUNDAMENTAL: Discrimination-Free Workplace** (ENG, SP, FR)

**FUNDAMENTAL: Flammable Liquid Safety** (ENG, SP, FR)

**FUNDAMENTAL: Hand and Power Tools** (ENG, SP, FR)

**FUNDAMENTAL: Hand Safety** (ENG, SP, FR)

**FUNDAMENTAL: Hot Work** (ENG, SP, FR)

**FUNDAMENTAL: Incident Investigation** (ENG, SP, FR)

**FUNDAMENTAL: Industrial Ergonomics** (ENG, SP, FR)

**FUNDAMENTAL: Introduction to Radiation Safety** (ENG, SP, FR)

**FUNDAMENTAL: Job Hazard Analysis** (ENG, SP, FR)

**FUNDAMENTAL: Laboratory Safety** (ENG, SP, FR)

**FUNDAMENTAL: Lead Awareness** (ENG, SP, FR)

**FUNDAMENTAL: NFPA 70E Arc Flash** (ENG, SP, FR)

**FUNDAMENTAL: PPE Fundamentals** (ENG, SP, FR)

**FUNDAMENTAL: Preventing Workplace Harassment** (ENG, SP, FR)

**FUNDAMENTAL: Safety Audits** (ENG, SP, FR)

**FUNDAMENTAL: Safety Awareness** (ENG, SP, FR)

**FUNDAMENTAL: Scaffold Safety** (ENG, SP, FR)

**FUNDAMENTAL: Spill Prevention, Control, and Countermeasure Plan** (ENG)

**FUNDAMENTAL: Workplace Cleanliness** (ENG, SP, FR)

**Fundamental First Aid Training** (ENG)

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**Giving And Receiving Feedback** (ENG)

**Hand and Power Tools** (ENG, SP)

**Hand and Power Tools: Construction** (ENG)

**Hand Safety** (ENG, SP)

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**Harassment & Violence: Canada Federal** (ENG)

**Hazard Communication** (ENG)

**Hazard Communication and Health Hazards: Construction** (ENG)

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**Hazardous Materials In A School Environment** (ENG)

**Hazardous Waste Management** (ENG)

**HAZWOPER: Compressed Gas Safety** (ENG)

**HAZWOPER: Confined Spaces** (ENG)

**HAZWOPER: Decontamination** (ENG)

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**HAZWOPER: Electrical Safety** (ENG)

**HAZWOPER: Emergency and Fire Preparedness** (ENG)

**HAZWOPER: Hazard Communication** (ENG)

**HAZWOPER: Hazardous Materials Chemistry** (ENG)

**HAZWOPER: Hazardous Waste Management** (ENG)

**HAZWOPER: Industrial Ergonomics** (ENG)

**HAZWOPER: Introduction** (ENG)

**HAZWOPER: Personal Fall Arrest Systems** (ENG)

**HAZWOPER: PPE** (ENG)

**HAZWOPER: Process Safety Management** (ENG)

**HAZWOPER: Respiratory Protection** (ENG)

**HAZWOPER: Slips, Trips, and Falls** (ENG)

**Hearing Conservation** (ENG, SP)  
**Hearing Conservation Overview** (ENG)  
**Hearing Conservation: Canada** (ENG)  
**Heat Stress** (ENG, SP, FR)  
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**Hydrogen Sulfide Safety Overview (H2S)** (ENG)  
**Impaired Driving: A Knock at the Door** (ENG)  
**Incident and Accident Investigation** (ENG)  
**Indoor Air Quality** (ENG)  
**Industrial Ergonomics** (ENG, SP)  
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**Intro to Benzene Hazards** (ENG)  
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**Intro to Hydraulic Safety** (ENG)  
**Intro to Loading Dock Safety** (ENG)  
**Intro to Mold and Mildew Awareness** (ENG)  
**Intro to Pallet Jack Safety** (ENG)  
**Intro to Personal Safety** (ENG)  
**Intro to Safe Material Storage** (ENG)  
**Intro to Silica Hazards** (ENG)  
**Intro to Spray Finishing Hazards** (ENG)  
**Introduction to Bridge Analytics Beta** (ENG)  
**Joint Occupational Health & Safety Committee (JOHSC): BC** (ENG)  
**Lab Safety For High School Students** (ENG)  
**Ladder Safety** (ENG, SP)  
**Ladder Safety Overview** (ENG)  
**Lead Awareness** (ENG, SP)  
**Leading Internal Investigations** (ENG)

**Leading Virtual Teams** (ENG)

**Leveraging Diverse Styles** (ENG)

**Line Break Safety** (ENG)

**Lock and Tag Overview** (ENG)

**Lockout Tag-out** (ENG)

**LOTO: Lockout-Tagout** (ENG, SP)

**LOTO: Lockout-Tagout: Construction** (ENG)

**Machine Guarding** (ENG, SP)

**Machine Guarding: Overview** (ENG)

**Managing Conflict With A Co-Worker** (ENG)

**Managing Conflict With Your Boss** (ENG)

**Models slip and fall an introduction** (ENG)

**Mosquito, Tick, and Vector-Borne Illnesses** (ENG)

**NFPA 70E Electrical Safety** (ENG)

**Nuclear Criticality Safety** (ENG)

**Office Ergonomics** (ENG, SP)

**Office Safety** (ENG, SP, FR)

**Off-the-Job Safety** (ENG)

**OH&S Legislation in Canada: Three Rights of Workers** (ENG)

**OHRC E-Course on Racial Discrimination** (ENG)

**ONTARIO: Occupational Health And Safety Awareness For Workers in 4 Steps** (ENG, FR)

**OSHA 10-Hour Construction Safety** (ENG, SP)

**OSHA 10-Hour General** (ENG, SP)

**OSHA 30-Hour Construction Safety** (ENG, SP)

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**OSHA: Office Ergonomics Overview** (ENG)

**Overhead and Gantry Crane Safety** (ENG)

**Overhead and Gantry Crane Safety** (ENG, SP)

**Pandemics: Slowing the Spread** (ENG)

**Patient Lifting Techniques in Healthcare** (ENG)

**Performance Management** (ENG)

**Permit-Required Confined Space** (ENG, SP, FR)

**Personal Effectiveness** (ENG)

**Personal Fall Arrest Systems** (ENG, SP)

**Portable Fire Extinguisher Safety (Legacy)** (ENG)

**Powered Industrial Trucks** (ENG, SP)

**PPE: Personal Protective Equipment: Construction** (ENG)

**PPE: Personal Protective Equipment: Eye and Face Protection** (ENG, SP)

**PPE: Personal Protective Equipment: Foot Protection** (ENG, SP)

**PPE: Personal Protective Equipment: Fundamentals** (ENG, SP)

**PPE: Personal Protective Equipment: Hand Protection** (ENG, SP)

**PPE: Personal Protective Equipment: Head Protection** (ENG, SP)

**PPE: Personal Protective Equipment: Hearing Protection** (ENG, SP)

**PPE: Personal Protective Equipment: Respiratory Protection** (ENG, SP)

**PPE: Respiratory Protection** (ENG, SP, FR)

**Preventing Aggressive Behavior in the Workplace** (ENG)

**Preventing Discrimination and Harassment (Global: Employee)** (ENG, SP)

**Preventing Discrimination and Harassment (Global: Manager)** (ENG, SP)

**Preventing Heat Stress** (ENG, SP)

**Preventing Workplace Harassment** (ENG)

**Preventing Workplace Harassment: Manager Edition** (ENG)

**Preventing Workplace Violence** (ENG)

**Privacy** (ENG)

**Process Safety Management** (ENG)

**Process Safety Management Overview** (ENG)

**Productivity** (ENG)

**Radiation Safety** (ENG)

**Radio Communications** (ENG)

**Reasonable Suspicion Training for Alcohol and Substance Abuse (US)** (ENG)

**Recognizing Chemical Dependency & What to do About It** (ENG)

**Re-Engaging With Team Members** (ENG)

**Respiratory Protection** (ENG)

**Respiratory Protection Overview** (ENG)

**Return to Work: Supervisors** (ENG)

**Running Effective Meetings** (ENG)

**Safe Moving & Handling For Caregivers** (ENG)

**Safe Patient Handling in Healthcare (ENG)**

**Safety Behavior (ENG)**

**Safety Culture (ENG)**

**Safety: Environment, Safety, and Health (ENG)**

**Sales Fundamentals: Selling for Success (ENG)**

**Scaffold Safety Overview (ENG)**

**Scaffold Safety: Construction (ENG)**

**School Bus Safety For Parents and Teachers (ENG)**

**Seasonal Safety: Winter (ENG)**

**Sexual Harassment and Abusive Conduct Prevention for Managers (California AB 1825 and 2053) (ENG)**

**Sexual Harassment Awareness for California Employees (ENG, SP)**

**Sexual Harassment for Employees New York (ENG)**

**Sexual Harassment for Employees: Connecticut (ENG)**

**Sexual Harassment for Managers (ENG)**

**Sexual Harassment Prevention for Managers (ENG)**

**Sexual Harassment Prevention for Managers: Connecticut (ENG)**

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**Sharps Safety (ENG, SP)**

**Silica Hazards (ENG)**

**Silica Hazards Overview (ENG)**

**Slips, Trips, and Falls Overview (ENG)**

**SPECIALTY/FRENCH: Transport des Marchandises Dangereuses (FR)**

**Stormwater Management (ENG)**

**Stress Management (ENG)**

**Struck By Caught Between (ENG, SP, FR)**

**Suspensions and Expulsions (ENG)**

**TDG (ENG)**

**TDG Class 7 for Portable Gauge Users and Wireline (ENG)**

**Texting and Driving: The Facts (ENG)**

**The Importance Of Listening (ENG)**

**Tornado Preparedness (ENG)**

**Traffic Control (Flagger) (ENG)**



**Traffic Control Safety** (ENG)

**Transportation of Dangerous Goods** (ENG)

**Understanding the Demographic: Bongarde Sales** (ENG)

**Valley Fever Awareness** (ENG)

**Voilence & Agression At Work** (ENG)

**Wage And Hours Laws** (ENG)

**Wastewater and Storm Water Management** (ENG)

**What You Need to Know About COVID-19** (ENG)

**Whistleblowing, Reporting & Retaliation** (ENG)

**WHMIS 2015 Standard** (ENG, FR)

**Wildlife Awareness Training** (ENG)

**Winter Driving Fundamentals** (ENG)

**Winter Weather Driving** (ENG)

**Work From Home Fundamentals: COVID** (ENG)

**Work Refusals: COVID** (ENG)

**Work Related Stress: COVID** (ENG)

**Worker Safety and Health Awareness: Canada** (ENG)

**Working Alone** (ENG)

**Workplace Housekeeping** (ENG)

**Workplace Safety for Employees: Cannabis** (ENG)

**Workplace Violence Awareness and Prevention** (ENG, SP, FR)

**Work-Related Injury and Illness Recordkeeping** (ENG)

**Young/New Worker Safety Awareness** (ENG)