

Show Your Heart Some Love

1. Which of the following is a symptom of a stroke?
 - a. Slurred speech
 - b. Drooping of the face
 - c. Regular heartbeat
 - d. Both A and B

2. It is not important to take your medicine as prescribed.
 True False

3. Stress doesn't increase your risk of heart disease and stroke.
 True False

4. The use of CPR and an AED can increase a person's chances of survival.
 True False

What Would You Do?

You've been experiencing shortness of breath and pain in your neck and shoulders for the last few days. You don't want to be an alarmist, and it's probably nothing... but what do you think you should do?
